

CHOICE BOARD

Responsibility



Grades 4th through 8th

<p>Make a list of 10 things that you want to accomplish by the end of the week. Cross them off as you complete them.</p>	<p>Research a career that you would like to have as an adult. Research and write down 5 things about the career.</p>	<p>Research 5 recipes for your family to make for dinner. Make a list of the ingredients needed. Go grocery shopping and help prepare the meals with an adult.</p>
<p>Write a list of 10 things that you do that are showing responsibility.</p>	<p>Clean a room of choice in the house for one week.</p>	<p>Call a family member to ask how they are doing.</p>
<p>Spend 5 hours without playing video games and/or social media.</p>	<p>Write about one thing you would do to make the world a better place.</p>	<p><u>Exercise for 5 days</u> 25 Jumping Jacks 25 Sit-ups 25 Push-ups</p>

Complete 3 activities each week!