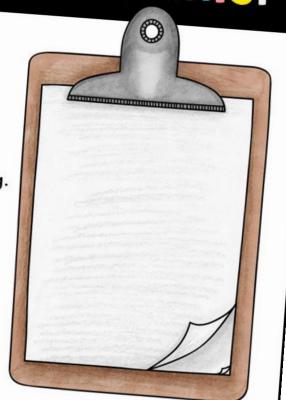
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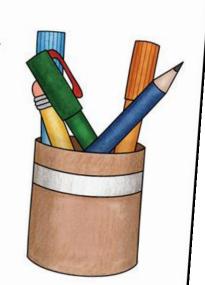
Study Skills Checklist

l can...

- Keep my binders organized.
- Use a homework planner.
- Prioritize my work before starting.
- Create a dedicated study space.
- Use time management skills.
- Plan for long-term assignments.
- Create outlines for writing pieces.
- Use a homework folder.
- Take notes during lectures.
- ☐ Focus in class.
- Use active reading strategies.
- Take notes from books and websites.
- Use strategies to study for tests and quizzes.
- Eliminate distractions to focus.
- Set and keeping goals.
- Use a toolbox of new strategies if I get stuck.
- Use test-taking skills and strategies.
- Check my work and correct my mistakes.
 - Reflect on my work.

Create routines and habits.



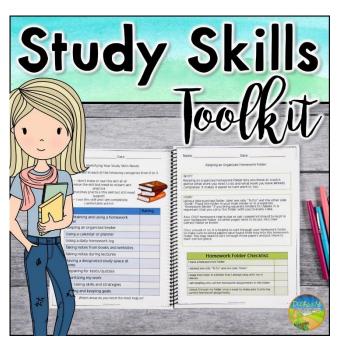


Strong study skills are a critical element to academic success. This is especially true for kids heading to middle and high school, where the workload and rigor increase. Best of all, it's true that all kids and young adults benefit from developing and improving their study skills and habits. In other words, it's important to teach them to all learners, not just the ones who are struggling. It's also good to remember that improving study skills also builds confidence! When students feel like they can do better, they often do.

This resource includes a simple checklist to help you and your students document which skills they have mastered and which skills need extra work. Both color and black/white versions are included.

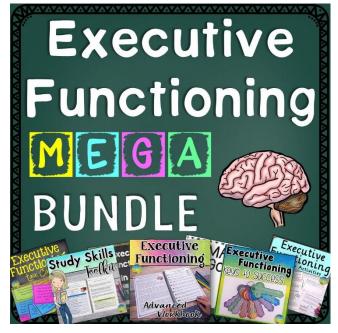
It can also be used as a pre— and post—assessment when teaching study skills!

Teaching Study Skills



Target study skills to help students achieve academic success with an easy—to—use Study Skills Toolkit.

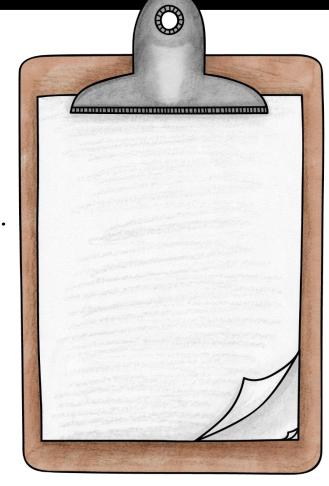
Get the full yearlong set of resources to help students master executive functioning, study skills, smart goals, and more.



Name:	Date:	

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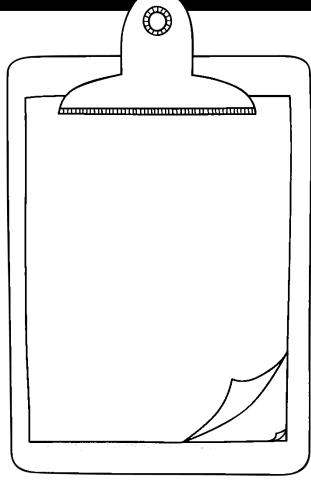


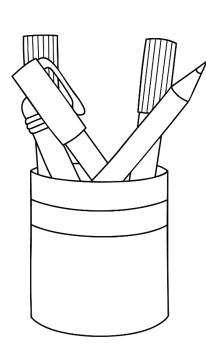


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About the Author



Kristina Scully has been a special educator for over 10 years. She has a bachelor's degree in special and elementary education from the University of Hartford, along with a master's degree in special education with a specialization in autism from the University of St. Joseph. She has worked extensively with kids and young adults with behavioral challenges, learning disabilities, autism, ADHD, anxiety, and other needs.

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