

SELF CONFIDENCE & SELF CONTROL

SIMMS

MARTIAL

ARTS

AGES 8 - 18

ACADEMY

Teaching self-discipline is emphasized while developing physical ability, mental aptitude and moral character. Students receive self-defense training and are exposed to sports karate through local and national tournament competition. Leadership skills are promoted through team building and in-class training designed to guide students through our novice to Black Belt rank, testing and promotion system.

APRIL 17TH - MAY 24TH
WEDNESDAY & FRIDAY
5:00 PM - 6:30 PM

SHAW RECREATION CENTER
DANCE ROOM
715 ENGLE ST., DOLTON, IL 60419

Residents
\$65.00

Non-Residents
\$75.00



Handwritten signature



More information
(708) 841-2111



Visit our website
www.doltonparkdistrict.org



Visit our office
721 Engle St. Dolton, IL 60419



Board of Commissioners
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