

FEP Services

- **Parent/Child Play Group**
Focus on learning and growing through play
- **Parenting Group**
Enhance parenting skills and the child development process
- **Home Visits**
Opportunities for learning through parent and child home activities
- **Family Field Trips**
Nurture opportunities for parents and children to develop friendships and interact in the community.
- **Infant/Toddler Groups**
Facilitate Infant massage, infant sign language, health tips, homemade toys & baby games that enhance development.
- **Pops & Tots/Father Group**
Empowerment for dads with skills and confidence they need to be effective, positive fathers and co-parents.
- **Teen Parents**
Specifically designed group to address questions and concerns of both young mom and dad. Trained facilitators lead the group.
- **Prenatal Group**
Prenatal education promotes the maintenance of healthy lifestyles during pregnancy.
- **Health/Wellness Group**
Group sessions address nutrition and exercise to improve the physical and mental wellbeing.



Division of ECHO Joint Agreement



ECHO

Family Enrichment Program

300 West 154th Street
South Holland, Illinois 60473

View us online at
Fep.echoja.org

For more Information:

Call (708) 841-5950

Hours of Operation:
8:00 a.m. – 3:00 p.m.
Monday - Friday



ECHO

Family Enrichment Program

Prenatal Parents – 0 to 5 Years Old
Children

*The Place for Growing Minds
In Early Education
for Young Children*

&

"Their Families"

Where

All Children are Welcome!

It's Free, Enroll Today

Gretchen Bailey, Principal
300 West 154th Street
South Holland, Illinois 60473

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1/23*



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Welcome to Our **Family Enrichment Program**

How do you help your children develop, learn, and grow to realize their full potential?



Parents as Teachers[®]

It's Free, Enroll Today!

We provide prenatal care / and services for parents with children from birth to five years of age, as well as their family. Our services are provided throughout the South Suburban Cook County area.



How does it work?

Our Parents as Teachers program is FREE providing parent education for families either by having personal visits, virtual visits, or telephone sessions or attending groups.

Personal Visits

Since you know your child best, you can set the agenda for each personal visit. Your parent educator is there to provide well researched information to help you with child developmental milestones and supporting parenting goals, in order to provide concrete support for you in times of need.

Groups

Group connections also create a network for you and other parents to learn and support each other and grow together as parents.

Screenings

Regular screenings during your visits will focus on your child being healthy, safe and developing.

Resources

Need more help? Or special resource? Your parent educator will share resources up to making the introduction or provide connection for you.



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Registration for Enrollment

Child's Last Name First Name

Birthday Age

Mother's Name

Address Zip Code

Mother's Telephone / Cell

Mother's Email Address

Father's Name

Address Zip Code

Father's Telephone /Cell Business Phone

Father's Email Address

Parent Guardian Signature

Parent Guardian Signature

Date



ECHO Family Enrichment Program

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Prenatal Parents

Parents of Birth to 3 Years old &
3 to 5 Years old are **HERE!** Enroll Today!

The Place for Growing Minds in Early Education
for Young Children & their Families

300 West 154th Street

South Holland, Illinois 60473

For more information: Call (708) 841-5950

Join us online at: fep@echoja.org

It's Free, Enroll Today!



Scan To See Our Webpage



Scan & Follow Us on Facebook!

Parents as Teachers is a free parent education program.
Families can participate by having in-person, virtual or phone sessions.
Prenatal services are available. Children birth to three years of age,
as well as their families are **WELCOME**.
Our Services are provided throughout the South Suburban Cook County Area.

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ECHO Family Enrichment Program

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Programa Prenatal/Infantil-3 Años y

¡Los niños de 3 a 5 años están AQUÍ! ¡Inscríbase hoy!

Un Lugar Para el Crecimiento de Mentes Pequeñas y Sus
Familias en la Educación Temprana

300 West 154th Street

South Holland, Illinois 60473

Para mas Información: LLame al (708) 841-5950

¡Es Gratis, Inscríbase Hoy!



Escanea Para Ver Nuestra Página Web

¡Escanea y síguenos en Facebook!

Parents as Teachers es un programa gratuito de educación para padres. Las familias pueden participar teniendo sesiones en persona, virtuales o telefónicas. Los servicios prenatales están disponibles. Niños desde el nacimiento hasta los tres años de edad, así como sus familias son **BIENVENIDOS.**

Nuestros servicios se brindan en todo el área suburbana del sur del condado de Cook.

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